

CANCER

NEW DOG.
NEW PERSPECTIVE.

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FAMILY, FRIENDS & SOCIAL SUPPORT



HEALING ENVIRONMENTS



FOOD & NUTRITION



INFORMATION & EDUCATION



CODY REGIONAL HEALTH



HUMAN TOUCH



ARTS & ENTERTAINMENT



HEALTHY COMMUNITIES



HUMAN INTERACTION



SPIRITUALITY



COMPLEMENTARY THERAPIES

OUR SERVICES

Acute Care/Critical Care
 Audiology
 Behavioral Health
 Cancer Treatment
 Cardiology
 Cardiopulmonary & Respiratory Therapy
 Dialysis
 Emergency Medicine
 Home Health & Hospice
 Hospitalist Program

Internal Medicine
 Laboratory & HealthCheck
 Long Term Care Center
 Nutrition Services
 OB/GYN
 Orthopaedics
 Pharmacy
 Physical, Occupational & Speech Therapy
 Primary Care

Psychiatry
 Radiology
 Spiritual Counseling
 Substance Use Treatment
 Surgical and Outpatient Services
 Walk-in Clinic
 Women's Health and Nursery
 Wound Care

Vision The first choice for those who aspire to heal, be healed & lead healthier lives.

Mission To provide extraordinary healthcare to those we serve by people who care.

Values Compassion, Integrity, Excellence, Innovation & Collaboration.

*“... And there will
be light after dark,”
“Someday when we
aren’t six feet apart.”*



A LETTER FROM OUR CEO

Cody Regional Health has been fighting the Coronavirus Health Emergency Pandemic along with every other healthcare organization around the world. We initiated our emergency preparedness plan three days before the National Emergency was declared. We are eternally grateful and appreciative for the outpouring support we have received from our community through many generous donations to assist in purchasing ventilators, personal protective equipment, handmade facemasks, head covers, food, flowers, and more.

We are very proud of all our CRH staff, doctors, providers, and others on the front-lines caring for our patients during these unprecedented times. Our CRH staff have devoted an extraordinary amount of time developing plans to ensure all our patients, staff, and others who enter our organization are protected and receive quality care in a safe environment. The

words “thank you” are not enough to express our appreciation for the support CRH has received from our community. CRH has not wavered in providing all our patients compassionate and personal care during the most challenging times we have ever experienced.

I shared with the CRH Directors the song, “Six Feet Apart” by Luke Combs, during our Leadership Development Institute. The song contains the verses, “But the news has all been bad... And the whole world seems so sad... I miss my mom, I miss my dad... Given Hugs and Shaking hands... It’s a mystery I suppose... And there will be light after dark... Someday when we aren’t six feet apart.” Despite the challenges CRH staff and our community have faced; this is a time that has brought out the best in our organization.

The pandemic has forever changed how health care is delivered. This experience

has confirmed that CRH is ready to embrace the future and will continue to be a leader in health care services throughout Northwest Wyoming.

John Lennon wrote the song, "Nobody told me" many years ago. The lyrics, "strange days indeed," apply to the environment our world, country, state, community, and organization has tried to adapt to this last year. As we look back on 2020, CRH has so much to celebrate.

Cody Regional Health collaborated with Wyoming Medical Center to bring a state of the art tele-stroke program to our Emergency Department. We experienced substantial growth in our Orthopaedic Service line. We successfully recruited Thomas Reid, MD, Medical Oncologist/Hematologist as our new Medical Oncology Medical Director. The Cody Regional Health leaders, staff, and providers immediately came together to develop a plan to ensure the safety of all of our staff and patients. We were successful in attaining CARES funding through the State Lands and Investment Board to enhance the safety and level of care we provide to our patients.

Most important, through all the challenges CRH experienced in 2020, we came together as an organization with strong support from our patients and community to make a positive difference in the lives of all those we serve.



Doug McMillan, CEO (Left) & Dr. Lenox Baker, Board Chair (Right)

TeleStroke Wyoming

Cody Regional Health (CRH) and Wyoming Medical Center (WMC) began a new partnership in 2020 to bring TeleStroke Wyoming to our local Emergency Department. TeleStroke connects our local ER physicians in Cody with WMC neurologists to collaboratively devise the best treatment plans for stroke patients in real-time!

Life-saving stroke care is measured in minutes. Time is brain, and the faster the blocked blood vessel is cleared, the better the chance for a patient's survival and recovery. While studies show that treatment times decrease and treatment choices improve when a neurologist is involved early in the care of a stroke patient, few Wyoming hospitals have 24-hour neurology coverage.

TeleStroke Wyoming allows WMC neurologists to actively participate in patient care and decision making from the moment the patient arrives at Cody Regional Health.

Having neurologists involved early increases the likelihood patients will get the appropriate diagnosis and treatment quickly, and that's the metric of excellence in stroke care.

WMC's TeleStroke partners are equipped with InTouch Health's Vici robot at no cost to CRH. The Vici is a scalable, mobile cart system that can be rolled into any patient room. From Casper, WMC neurologists can examine and speak with patients and ER physicians at Cody Regional Health through the high-definition cameras and display monitors. They can zoom in or out or swing their view from the side to side to ensure a complete field of vision. The system shares a patient's history, vital signs, and other data in



real-time in consultation with the on-site physician.

Stroke is the fifth-leading cause of death and the leading cause of long-term disability in the United States. One in

every three strokes occur in people younger than 65. Advancements in stroke care over the last several years have vastly improved patient outcomes, but that treatment must be started quickly.

“This is the metric of excellence in stroke care.”

There are basically two ways to treat an ischemic stroke—the kind in which a clot blocks blood flow in arteries leading to or in the brain:

- 1** IV administration of the clot-busting medication tPA (tissue plasminogen activator) within the first 4 ½ hours after onset of symptoms.
- 2** Mechanical thrombectomy, removing the clot from the brain with a specialized stent and image-guided technology, performed by the Interventional Radiology team. Wyoming Medical Center is the only hospital in the state with this capability. New guidelines have extended the time window for mechanical thrombectomy by up to 24 hours for some stroke patients, and TeleStroke will help facilitate the quick transfer of qualifying stroke patients to Wyoming Medical Center.

For more information about TeleStroke Wyoming contact us at CRH@codyregionalhealth.org.



ACT FAST

When it comes to stroke, time is of the essence. If you or a loved one shows any of the signs of a stroke, act F.A.S.T. Call 911 immediately.



Ask the person to smile. Look to see if one side droops or the face is not symmetrical.



Have the person raise both arms in front of them at shoulder height. Watch to see if one arm drops lower than the other.



Ask the person a question or to repeat a phrase back to you. Listen for slurred or garbled speech or signs the person doesn't understand what you have asked of them.



If any one of the three signs is present, time is of the essence. Call 911 immediately. Do not attempt to drive to the hospital yourself. Emergency medical responders will activate the stroke team on the way to the hospital, saving valuable minutes. Stroke truly is one of the most time sensitive emergencies—it's like a heart attack of the brain. Every second your brain is not receiving oxygen during a stroke, 32,000 brain cells die, or 1.9 million cells die each minute.

ORTHOPAEDICS



Sterling Fenwick, PA-C



Clint Merritt, PA-C



Mark Ryzewicz, MD



Stephen Emery, MD



Christopher Rice, MD

Expanded Care

Cody Regional Health Orthopaedics is one of a kind. In order to best serve Northwest Wyoming, our team has expanded and we continue to grow because we see a need in our area for far reaching orthopaedic services in rural communities.

We are here for our patients and you can trust and count on us. Our family of orthopaedic professionals work closely with Cody Regional Health's integrated healthcare services. We work closely with our rehabilitation, emergency medical, primary care,

walk-in clinic, imaging, and other clinics to give you the best and largest team under one roof working together to get you back to the life you love.

SERVICES

- Sports Medicine
- Minimally Invasive Surgery
- Walk-In Assessments
- Total Joint Replacement
- Regenerative Medicine & More

SuperPath MicroPort

Orthopaedic procedures can be scary, especially if you have experienced a procedure that did not turn out as planned. Suzanne came to our Orthopaedic Clinic scared to have surgery, but needing help with her hip.

Suzanne had a bad orthopaedic experience with another clinic outside of Cody, and did not want to go through the procedure again. However, her pain and ability to walk were getting worse and worse. She knew she needed help but didn't trust anyone.

It was a previous colleague and friend who mentioned Orthopaedic

surgeon, Mark Ryzewicz, to Suzanne, and she specifically recommended the "SuperPath MicroPort" procedure for her hip.

Long story short, Suzanne is now living a pain free life again and enjoys walking, horn hunting and being with her husband. We can't thank Suzanne enough for sharing her experience with us and the community.



Watch Suzanne's video here!



CLINIC LOCATIONS

CODY
720 Lindsay Lane
Suite C
Cody, WY

LOVELL
1115 Lane 12
Lovell, WY

WORLAND
401 South 15th Street
Worland, WY

POWELL
639 W Coulter Ave.
Powell, WY

THERMOPOLIS
148 E Arapahoe St.
Thermopolis, WY

Call **307.578.2180** to set up an appointment with a provider today or visit **[CodyRegionalHealth.org](https://www.codyregionalhealth.org)**.

FEATURE



CANCER

**NEW  DOC.
NEW PERSPECTIVE.**

SERVICES

Medical Oncology & Hematology
Infusion Center Services
Radiation Oncology

Thomas J. Reid, III

MD, PHD, FACP

Medical Oncologist / Hematologist

Cody Regional Health is excited to welcome Dr. Thomas Reid, our new medical director of medical oncology/hematology at the Big Horn Basin Cancer Center, to our medical family; specializing in the practices of Hematology and Medical Oncology.

Dr. Reid is originally from Harrisburg, PA where he earned his BS in Microbiology at Pennsylvania State University and Ph.D. in Biochemistry at Purdue University. He earned his MD at the Uniformed Services University of the Health Sciences in Bethesda, MD and completed internship and residency in Internal Medicine and fellowship in Hematology-Medical Oncology at the Walter Reed Army Medical Center (WRAMC), Washington, DC.

From 1991 to 2004, he was at the Walter Reed Army Institute of Research, Chief of Blood Research the last three of those years. His primary research interests were extended storage of blood products/substitutes and coagulation disorders.

From 2004 to 2008 he was Chief of Hematology-Medical Oncology at the WRAMC. As Chief, he also served as Chair of the Cancer Care Committee, Co-Chair of the Institutional Review Board, and Principal Investigator (PI) for Cancer and Leukemia Group B (CALGB).

After 27 years in the Army Medical Corps, he retired in 2008 as a full Colonel. From 2008 to 2011, he was in private practice in Conway, Arkansas.

From 2011 to 2012, he was Chief, Hematology-Medical Oncology and Oncology Program Director at MedStar Good Samaritan and Union Memorial Hospitals in Baltimore, MD. There, he also served as Co-Chair of the Clinical Research Committee at the Lombardi Cancer Center, Georgetown University Medical Center.

Beginning January 2013, Dr. Reid has served as the Medical Director of the Memorial Regional Cancer Center and Chief of Hematology-Medical Oncology at

Continued on page 12

FEATURE

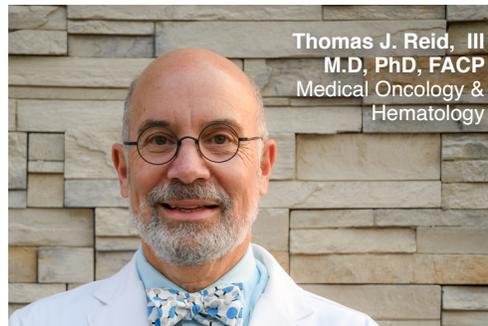


Dr. Reid’s philosophy and approach is to provide the absolute best oncology and hematology care: individualized care that focuses on the patient—not solely cancer or blood disorder.

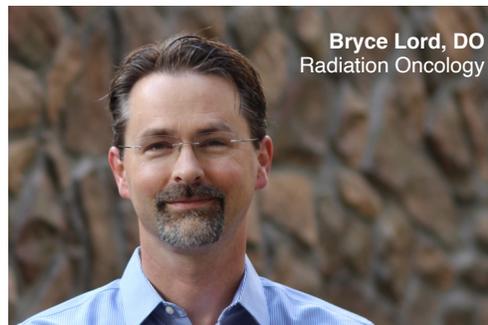
Memorial Hospital in South Bend, IN (Beacon Health System) where he built the cancer program.

In addition, he was the Chairperson of the Cancer Care Committee as well as the local PI for Alliance (Alliance for Clinical trials in Oncology) through the Mayo Clinic. Dr. Reid was instrumental in the Beacon Health System becoming a member of the Mayo Clinic Care Network in 2016.

Dr. Reid is board certified in Medical Oncology, Hematology and Internal Medicine. He has two sons, Christopher and Tristan, daughter-in-law Kathleen, and two grandsons, Lucas and Roen. His wife of 34 years, Joyce Lea (Joy), died in 2017 after a very brief illness. Dr. Reid’s fiancée, Cynthia Ann Scudder, will relocate to Cody with him.



Thomas J. Reid, III
M.D, PhD, FACP
Medical Oncology &
Hematology



Bryce Lord, DO
Radiation Oncology



Kelly Spychalski, NP-C
Medical Oncology &
Hematology



Call **Medical Oncology: 307.578.2800**
Radiation Oncology: 307.578.2140 to set
up an appointment with a provider today or
visit CodyRegionalHealth.org.



Denise Beachy and her husband had recently moved to Wyoming and they knew no one in the area. She did not know where to go after receiving the devastating news that she had breast cancer.

After visiting with the Big Horn Basin Cancer Center team, she knew this was where she wanted to be treated. She trusted us to help her journey to fight cancer.

Denise needed both chemotherapy and radiation treatment and wanted to do this at one location in the best possible atmosphere.

Like Denise, our patients at the Big Horn Basin Cancer Center become our family. They are our top priority.

If you or a loved one have been recently diagnosed with cancer, please know our family of professionals are here to serve you.

“I knew no one and you all became my family.”



Watch Denise's story here!

New Board Member

Cody Regional Health is excited to welcome new board member, Glenn Nielson to our leadership family. Glenn will bring a set of fresh eyes and provide great insight with his business experience and knowledge.

Glenn and his family are dedicated to making our area and its healthcare the best it can be.

This year has been a difficult year to maneuver with COVID-19 in our midst. We are thankful to our entire Board of Trustees for their leadership and guidance through this difficult time. They have supported our team through the ups and downs and continue to make difficult decisions to set CRH up for success as we move into 2021.

Our board provides governance and leadership to all of the activities of Cody Regional Health. These responsibilities include oversight of the financial health and stability of the organization, and most importantly, they provide needed professional and administrative personnel, equipment and facilities required for the delivery of safe and high quality care to the patients served by CRH.

Our Trustees are not compensated and perform their duties out of a desire to serve our communities.

Our board of Trustees often sit on various committees including but not limited to our Medical staff, Planetree steering and Financial Committees.

Cody Regional Health's Board of Trustees meetings are held the last Wednesday of each month and begin at 6:00 PM. The public is welcome to attend.

Thank you again Glenn for running to join the CRH Board of Trustees and welcome!



Glenn Nielson
CRH Board Member



Glenn's interview video here!

For more information about our board of trustees, visit CodyRegionalHealth.org today!

COVID-19 Efforts

In order to best protect our patients, staff and community members, Cody Regional Health applied for a State Lands and Investment Board (SLIB) grant, and was approved \$1,121,250 for a new Operation Room (OR) Air Handling Unit.

The OR Air Handling Unit replacement will allow CRH to care for COVID-19 positive patients in a sterile environment.

The OR Air Handler Project includes new infrastructure including UV lights to kill airborne pathogens, HEPA level final filters to capture airborne pathogens, temperature control interlocks to activate negative pressure in any of the OR's during high risk procedures and new exhaust fans.

It is Cody Regional Health's goal to maintain the safety of our employees and patients while providing the best care in this ever changing environment. This project is essential to our mission and will allow us to continue to care for the residents of the Big Horn Basin and travelers to our area while mitigating the risk of increased transmission of COVID-19.

We partnered with Sletten Construction to complete this project before the end of 2020.





The State Loan and Investment Board (SLIB) of Wyoming awarded Cody Regional Health roughly \$4 million this last year in Coronavirus Relief Grants to assist with a variety of needs in order to combat COVID-19.

Cody Regional Health received funding for the following projects:

Long Term Care Center Tables & Rehab Equipment \$80,925

This equipment was awarded to CRH's LTCC residents during the COVID pandemic to help keep them active and healthy. CRH's LTCC also received funds to purchase new dining room tables that can be cleaned and disinfected in contrast to their current dining room furniture.

EMS Power Load Grant \$225,128

This new equipment will allow CRH's EMS personnel to be protected during

patient care and transport and avoid staffing shortage during the COVID-19 pandemic. The current method of transporting patients requires EMS personnel to be properly placed at all sides of a cot when loading a patient. This requires staff to get within 6–12 inches from the patient. It also requires the EMS team to lift sometimes an excess of 400 pounds causing injury to clinical personnel.

Home Health Vehicle \$29,102

This new vehicle allows CRH Home Health personnel to visit vulnerable patients in their homes. Since the pandemic, the CRH Home Health department has seen an increase of over 71% in in-home visits.

Telehealth Project Grant \$395,588

In order to improve access to comprehensive medical care through Telehealth while reducing the risk of COVID-19 exposures to citizens, CRH is expanding its community paramedicine team in order to assist with in-home patients through telemedicine.

6 Demystifier 200A w/ transport backup units \$52,590

This portable negative pressure tent allows healthcare providers to safely house patients with infectious diseases including COVID-19.

Payroll deficiencies \$1.3 million

In order to offset massive payroll costs due to COVID-19, these funds helped to alleviate a major financial burden on CRH.

EMS Equipment (TOTALING) \$300,397

LifePak 15

These monitors are utilized for the transport of patients who require continuous monitoring. This includes Non-invasive B/P, EKG, 12-Lead, SPO2, CO Monitoring, and temperature monitoring.

GlideScope Go

These are video Laryngoscopes that allows our provider to visualize airway anatomy through a camera during critical airway procedures.

Lucas System

This is a compression system that performs CPR, this allows our staff to reduce their exposure during Cardiac Arrest events.

Zoll EMV Ventilators

These ventilators are equipped to provide oxygen therapy to critically ill patients including CPAP/BIPAP.

5 Xenex disinfection ultra violet lights \$506,750

These lights pulse ultraviolet light to kill all pathogens within a closed room, including COVID-19.



CEDAR MOUNTAIN CENTER

Mental Health

During COVID-19, substance use and mental health conditions have skyrocketed. Our state of the art facilities and world class treatments at Cedar Mountain Center have been able to continue treating and helping those in need this year. With over 90% of our services now being offered through telemedicine, we are the most comprehensive and integrated program in Northwest Wyoming.

8 REASONS

to Choose Cedar Mountain Center for Psychiatric, Substance Use and Behavioral Health Services:

- 1 Only Transcranial Magnetic Stimulation provider in Northern Wyoming
- 2 Only KAT (ketamine assisted therapy) provider in Northern Wyoming
- 3 Only child and adolescent psychiatry provider in Northern Wyoming
- 4 Only provider for Co-occurring chronic pain treatment without pain medication in Wyoming & Southern Montana
- 5 On-site psychiatric and behavioral health team at one location & available via telehealth
- 6 Patient privacy due to our location in a medical building vs. mental health/substance abuse clinic
- 7 Only ASAM level 3.5 residential treatment provider located within 50 miles of Yellowstone National Park
- 8 Located in a hospital setting where medical treatments are available 24/7

Cutting Edge Treatments

TMS is a non-invasive treatment that is used to treat psychiatric conditions. TMS uses a magnetic field to stimulate a specific target region in the brain that controls mood. It is used to treat symptoms of Major Depressive Disorder (MDD), by activating the neural pathways.

The advanced technology comes in the form of a helmet that is worn during treatment. Treatment for MDD occurs five times a week for four weeks, and then twice a week for an additional 12 weeks as needed for maintenance.

About 40% of individuals suffering from depression are shown to be treatment-resistant, meaning antidepressants are either ineffective or carry unbearable side effects. TMS has proven successful in more than half of those with treatment resistant depression. Many who showed successful results from the trial, achieved full remission with Deep TMS.



Scan this QR code to learn more!



For more information about TMS call **307.578.2531** or speak with your primary care provider.



Scan here to tour our CMC Facilities!

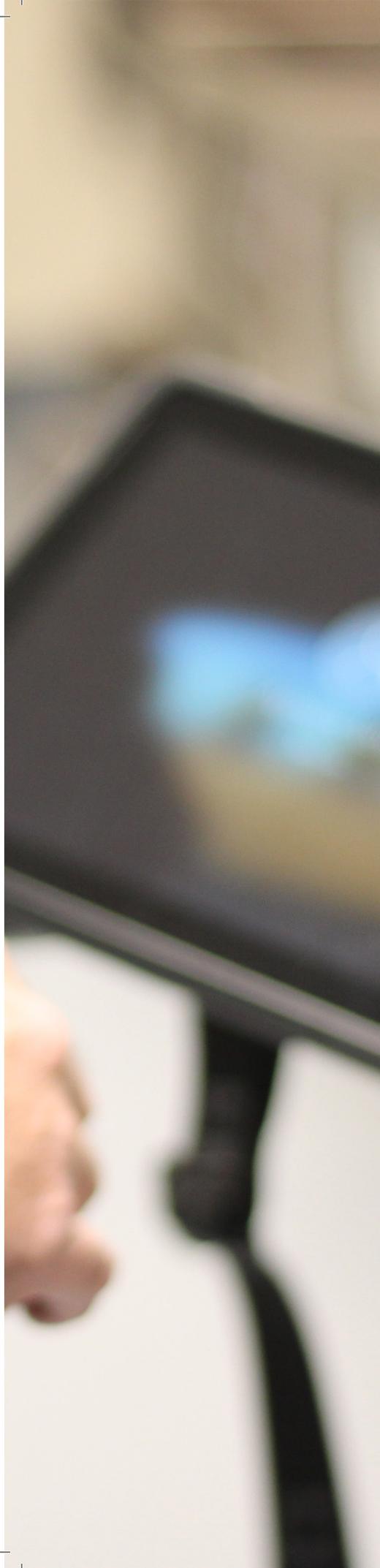
New Dining Experience

Cody Regional Health's nutrition and clinical teams have fired it up in the kitchen. Our new dining experience, called UnitHost, launched on September 29, 2020, where our medical providers and registered dietitians work closely together to order diet protocols for patients and residents.

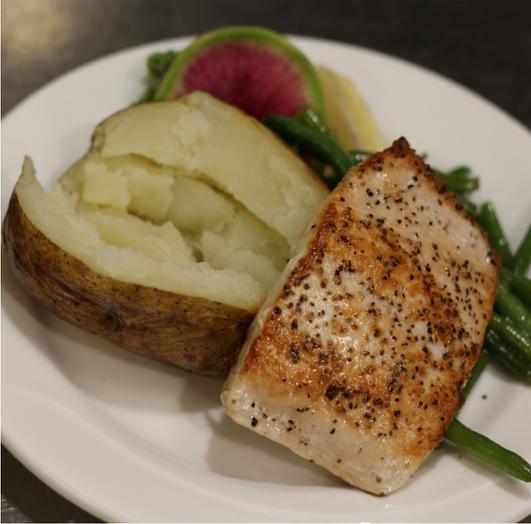
During orientation to the room, our nurses evaluate the patient's ability to participate in the UnitHost program. Patients review the UnitHost menu located in the room (at their bedside table) to make their meal selections. Our team meets with the patient after admission to take their first meal order and daily thereafter.

Our team works closely to determine the best system to coordinate medicines with meals when required. The UnitHost will also directly communicate with nursing and coordinate meal delivery based on specific patient needs.

Menu selections are modified during preparation to meet the patient's nutritional needs and the Kitchen Expediter reviews the completed meal prior to delivery for accuracy, appearance, temperature, quality and compliance with diet indicated on the ticket.



Executive Chef, Doug Williams, moved to Vegas and worked as a Sous Chef in many James Beard Award Restaurants. He received his Pastry Arts Certification from Le Cordon Bleu. Later he moved back to Oregon to be the Executive Chef at a 4 Star, 4 Diamond Salishan Resort on the coast. Doug has experience in restaurant consulting, won the Oregon Iron Chef Competition (as well as 1st place in many other competitions) and has been with Thomas Cuisine for a total of 11 years. He loves hunting, fermenting, making beer and collects Mortar & Pestles from all over the world! We are excited to have him leading our kitchen team!



See more about our New Dining Experience!



Executive Chef, Doug Williams prepares patient meals.

CARDIOLOGY



CODY CARDIOLOGY CENTER

Sara Becker

Nurse Practitioner

Nurse Practitioner, Sara Becker, recently joined the Cody Cardiology Center team this year. Sara is certified as a nurse practitioner in both acute care and family practice, and she recently completed her doctorate of nursing practice from Vanderbilt University.

Sara is excited to be a part of the Cody Cardiology Center team where she can provide this type of care close to home. For the past 11 years, Sara has worked as a nurse practitioner hospitalist, and for the past 5 years she has been with Cody Regional Health's hospitalist team.

Sara and her husband have seven children ranging from ages 2–17 years old. They stay very active in the community, and enjoy hiking and camping as a family.

Patients will see Sara at the Cody Cardiology Clinic. Sara will also provide cardiology testing and round on patients at our West Park Hospital Campus. Sara really enjoys taking care of her patients and looks forward to continue serving them!





CARDIOLOGY

Since the Cody Cardiology Center was initiated and our first full time physician, Dr. Thomas Wolford, joined the team in July 2019, we have provided just under 5,000 patient visits.

We have also performed over 200 cardiac catheterization procedures.

SERVICES

GENERAL CARDIOLOGY

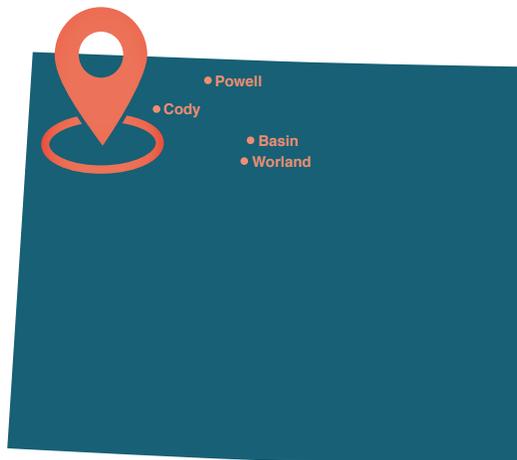
Echocardiography
Nuclear Cardiology
Stress Testing
Pacemaker Device Management

INTERVENTIONAL CARDIOLOGY

Coronary Angiograms
Coronary Intervention

CARDIAC REHABILITATION

Exercise Counseling and Training
Education for Heart-Healthy Living
Counseling to Reduce Stress



CLINIC LOCATIONS

CODY
424 Yellowstone Ave.
Suite 140
Cody, WY

POWELL
639 W Coulter Avenue
Powell, WY

BASIN
388 Highway 20 South
Basin, WY

WORLAND
1106 Big Horn Avenue
Worland, WY

Call **307.578.2980** to set up an appointment with a provider today or visit **CodyRegionalHealth.org**.

WEST PARK HOSPITAL DISTRICT

COMBINED STATEMENTS OF NET POSITION JUNE 30, 2020 AND 2019

CURRENT ASSETS	2019	2020
Cash and Investments	\$51,821,810	\$81,100,087
Patient and Resident Accounts Receivable, Net	\$18,344,949	\$14,909,890
Other Current Assets	\$4,663,403	\$5,945,731
Capital Assets, Net	\$76,681,271	\$71,236,499
Noncurrent Cash and Investments	\$19,752,317	\$18,723,151
Other Noncurrent Assets	\$2,061,780	\$2,555,128
TOTAL CURRENT ASSETS	\$173,325,530	\$194,470,486

LIABILITIES	2019	2020
Current Liabilities	\$13,830,538	\$32,274,897
Long-Term Liabilities	\$35,595,656	\$33,470,659
TOTAL LIABILITIES	\$49,426,194	\$65,745,556

NET POSITION	2019	2020
Net Investment in Capital Assets	\$38,699,147	\$35,639,895
Restricted	\$5,128,544	\$5,049,653
Unrestricted	\$80,071,645	\$88,035,382
TOTAL NET POSITION	\$123,899,336	\$128,724,930
TOTAL LIABILITIES AND NET POSITION	\$173,325,530	\$194,470,486

162 Credentialed Providers

213 Births

508 Inpatient Surgeries

628 Staff at CRH

1,384 Outpatient Surgeries & Procedures

BY THE NUMBERS
JULY 2019 THROUGH JUNE 2020

1,559 Acute Hospital Admissions

6,613 Hospital Inpatient Days

59,398 Miles Traveled by our Ambulances

91,602 Outpatient Visits

COMMUNITY EVENTS



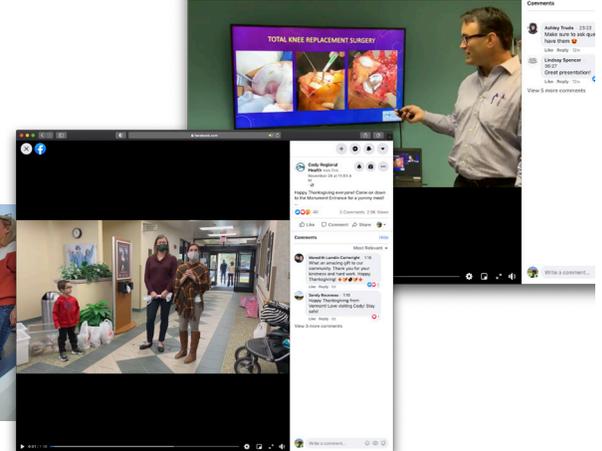
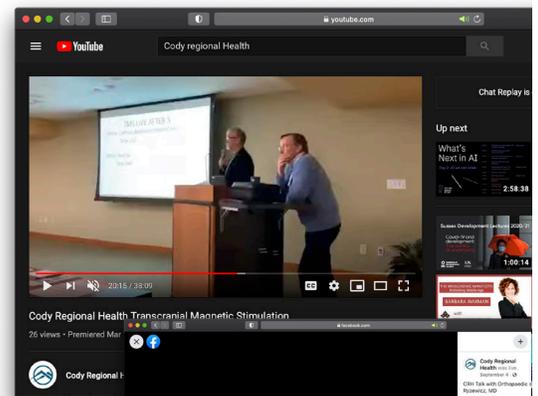
Community health partnerships are a key pillar at Cody Regional Health. One of the major ways we work to improve overall health in our communities is by hosting multiple health events and classes covering a variety of topics.

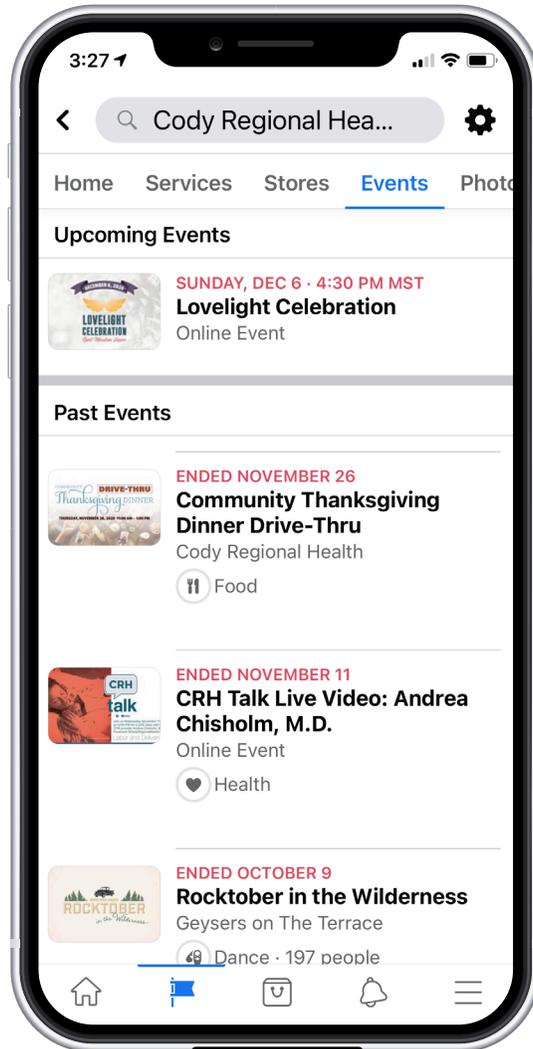
We would like to give a big thank you to our team members for sharing their knowledge during these events and classes. All events and classes are supported by Cody Regional Health's Foundation to keep everything free of charge to the public. We look forward to a full year of events in 2021. Please review some of the events and classes Cody Regional Health hosted in 2020! If you would like to submit class topics please email us at CRH@codyregionalhealth.org. We want to make sure our content is relevant and helpful for you!



2020 CLASSES & EVENTS

- Virtual SpinCody*
- Drive-Thru Community Thanksgiving Dinner*
- Virtual Hospice Lovelights & Celebration of Life*
- Lunch & Learn: Transcranial Magnetic Stimulation**
- Virtual Lunch & Learn: Wrist Pain & Carpal Tunnel*
- Virtual Lunch & Learn: Rehab Options*
- Virtual Lunch & Learn: Prostate Cancer*
- CRH Talk: Knee Replacement**
- CRH Talk: Women's Health & Delivery**
- Rocktober: Drive, Dine & Dance**





WHILE APART, STAY CONNECTED!

EVENTS, SERVICES & COVID-19 UPDATES



@CODYREGIONALHEALTH

FOUNDATION

Making a Difference

COVID-19 Pandemic Support Our Foundation has helped support Cody Regional Health through our Protect the Hero's campaign. The funds raised for the COVID-19 Pandemic Response initiative helped to support employees, purchase capital equipment, and related tools to keep our patients, staff and community safe. Through this initiative donors helped to purchase extra ventilators for potential COVID-19 patients and an Isolette incubator for infants. This incubator helps protect babies who are extra vulnerable and at increased risk of complications, from infection, noise, and light, and can help support

any potential COVID-19 risk pregnancies.

2020 Fundraising initiative for BrainsWay TMS raised \$155,000

Suicide is a serious public health issue that impacts people of all ages and backgrounds. It is estimated that in Wyoming, on average, one person dies by suicide every two days. Many people who are suicidal are suffering from depression. Our Foundation raised 100% of the funds to purchase a Brainsway Transcranial Magnetic Stimulation machine. This cutting edge technology will assist patients in receiving needed mental health therapy.





Giving Back

The CRH Foundation Granted Funds for...

Bladder Scanner

» \$8,245

Bladder Scanners for our Long Term Care Center are a part of a program developed to prevent unnecessary catheter use as well as bladder training programs for urinary incontinence.

Community Health Series » \$5,000

A part of our mission is to offer programs that enhance the quality of healthcare in our community. The Foundation has partnered with the Hospital on the Community Health Series Luncheons which are free and open to the public. These educational programs have been a success since 2014 and have grown to over 20 events each year.

The Power of every ONE can make a difference. Give back today! www.crhgive.org

To learn more about other ways to give to the Cody Regional Health Foundation, including reserving naming opportunities, making a multi-year pledge or planned giving, please contact Annalea Avery, Cody Regional Health Foundation Director at 307.578.2338 or aavery@codyregionalhealth.org.

Cody Regional Health Foundation
707 Sheridan Avenue, Cody, Wyoming 82414
www.codyregionalhealthfoundation.org

Stop the Bleed Kits

» \$5,000

CRH has presented 43 Stop the Bleed classes for over 500 participants. Each person received a tourniquet kit and was taught techniques to stop bleeding. This education extended to businesses, schools, fire departments, nonprofits, hunters and community members.

Handheld Ultrasounds

» \$19,100

The Point of Care ultrasounds are rapidly becoming essential tools of inpatient medicine. They are a rapid, safe, convenient way to get critical diagnoses and assist with procedures at all levels.

Support the Foundation and

WIN

A 2021 Can-Am Maverick™ Trail DPS 1000 Side By Side

TICKETS
\$20 FOR ONE
\$100 FOR SIX

USE YOUR
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**PURCHASE TICKETS IN PERSON AT
THE CODY COUNTRY CHAMBER OF
COMMERCE OR**
P2P.ONECAUSE.COM/CRHATVRAFFLE



Each and every raffle ticket benefits
Cody Regional Health Foundation.
Drawing Date: May 3, 2021. Machine Valued at \$15,200.

Every donation is appreciated, *tax deductible, and makes a significant impact on the lives of our patients.

OUR PHYSICIANS



Ted Ajax, MD
Anesthesia



Lael Beachler, DPM
Podiatry



Jimmie Biles, Jr., MD
Orthopaedic Surgery



Kirk Bollinger, MD
Emergency Medicine



Ryan Bower, MD
Hospitalist



Adair Bowlby, MD
Family Medicine



Andrea Chisholm, MD
Obstetrics & Gynecology



Gregory Cross Jr., MD
Radiology



Kathleen DiVincenzo, MD
Hospitalist



Stephen Emery, MD
Orthopaedic Surgery



Thomas Etter, DO
General Surgery



Randy Folker, MD
Otolaryngology



Duncan Fraser, DPM
Podiatry



Allen Gee, MD
Neurology



Travis Graham, MD
Radiology



Gary Hart, MD
Wound Care



Lisa Harvey, MD
Family Medicine



Andrew Hoene, MD
Emergency Medicine



Aaron Killpack, DO
Family Medicine



Stephanie Knodel, MD
Emergency Medicine



Judd LaRowe, MD
Internal Medicine



Bradley Low, DO
Anesthesia



Elise Lowe, MD
Hospitalist



Bryce C. Lord, DO
Radiation Oncology



Stephen Mainini, MD
Wound Care & Pulmonary
Medicine



Gregory McCue, MD
Hospitalist



David Mills, MD
Family Medicine



Douglas Morton, MD
Family Medicine



John Murray, MD
Emergency Medicine



Dale Myers, MD
Gynecology



Sandra Nelson, MD
Child & Adolescent Psychiatry



Terry Parsons, MD
Anesthesia

OUR PHYSICIANS



Adam Peters, MD
Family Medicine



Jeffery Poffenbarger, MD
Neurosurgery



Scott Pollard, MD
Psychiatry



Scott Polley, MD
Emergency Medicine



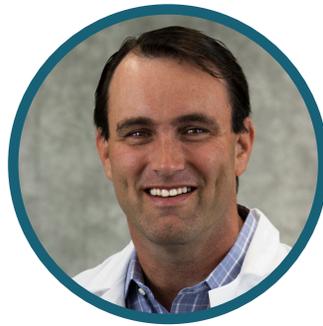
Thomas J. Reid, MD
Medical Oncologist/
Hematologist



Christopher Rice, MD
Orthopaedic Surgery



Chris Robertson, MD
Family Medicine



Mark Ryzewicz, MD
Orthopaedic Surgery



Tanya D. Schnell, DO
Anesthesia



Brandi Shepard, AuD
Audiology



Peter Sidor, MD
Pediatrics



Courtney Spence, DO
Internal Medicine



Gregory Stewart, MD
Urology



Barry Welch, MD
Ophthalmology



Charles Welch, MD
General Surgery



Lisa Williams, MD
Obstetrics & Gynecology



Thomas Wolford, MD
Cardiology



Derek Paul Wille, MD
Family Medicine

OUR ADVANCED PRACTITIONERS

Sara M. Becker, ANP
Hospitalist

Steven A. Bischoff, PA-C
Emergency Medicine &
Walk-in Clinic

Krista L. Blough, ANP
Psychiatry

Kerry Bower, PA-C
Neurosurgery

Craig J. Edwards, PA-C
Orthopaedic Surgery

Sterling T. Fenwick, PA-C
Orthopaedic Surgery

Daniel B. Fong Jr., PA-C
Walk-in Clinic

Laurie D. Hipwell ANP
Pediatrics

Barton E. Jones, CRNA
Certified RN Anesthesia

Robert R. Lang, PA-C
Walk-in Clinic

Brent A. McAllister, CRNA
Certified RN Anesthesia

Darin M. McCann, PA-C
Orthopaedic Surgery

Clint Merritt, PA-C
Orthopaedic Surgery

Kayla E. Nagle, PA-C
Neurosurgery

Betsey J. Neddermeyer, PA-C
Walk-in Clinic

Laura L. Pleban, ANP
Obstetrics & Gynecology

Danielle M. Sankey, ANP
Hospitalist

Shelly M. Seibert, CRNA
Certified RN Anesthesia

Kelly Simone, PA-C
Walk-in Clinic

Tanja L. Sloan, PA-C
Cardiovascular Disease

Kelly P. Sychalski, ANP
Hematology / Oncology

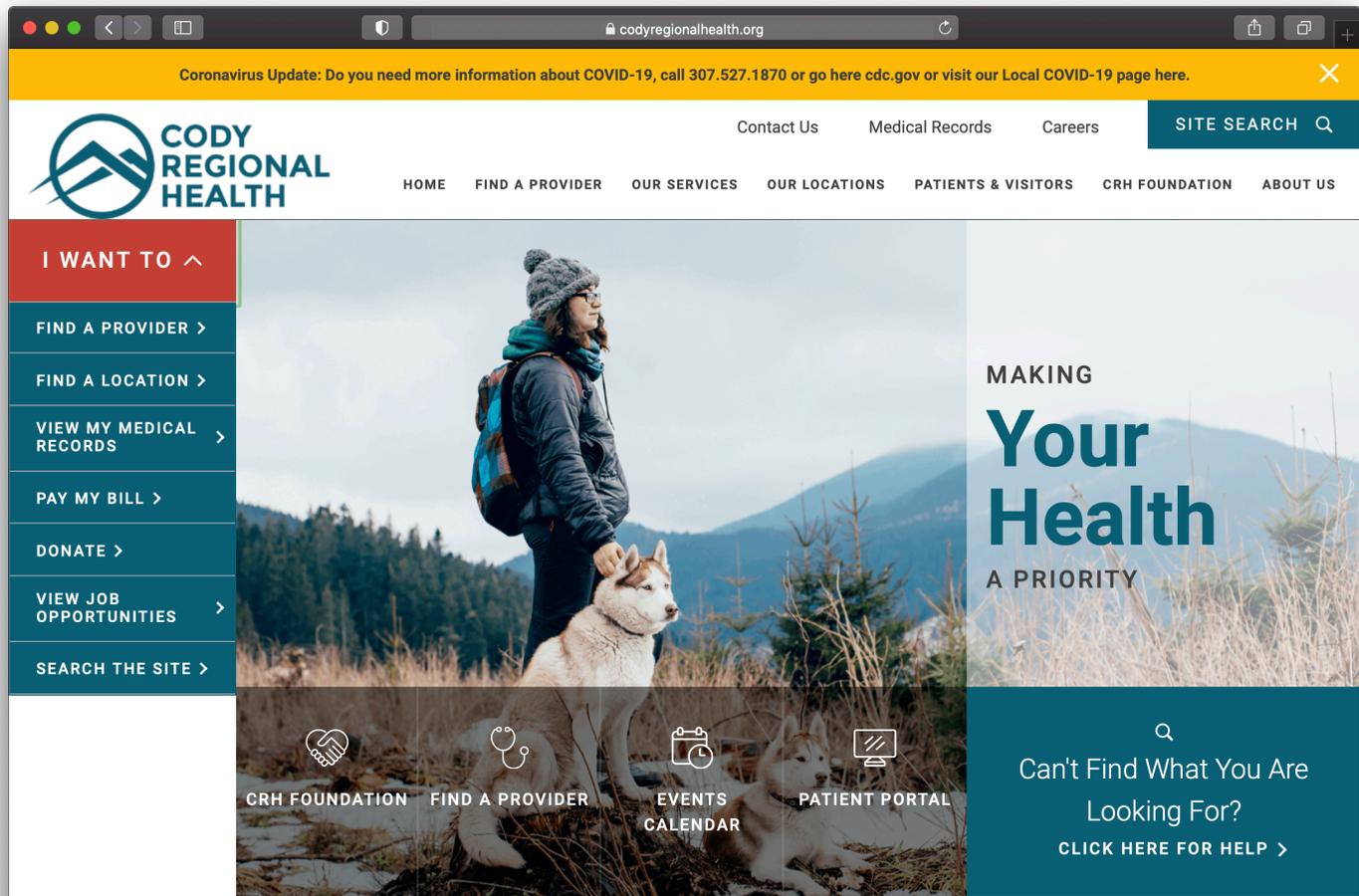
Shannon D. Vance, CRNA
Certified RN Anesthesia

John R. Vipperman, PA-C
Internal Medicine

Jennifer Warner, PA-C
General Surgery

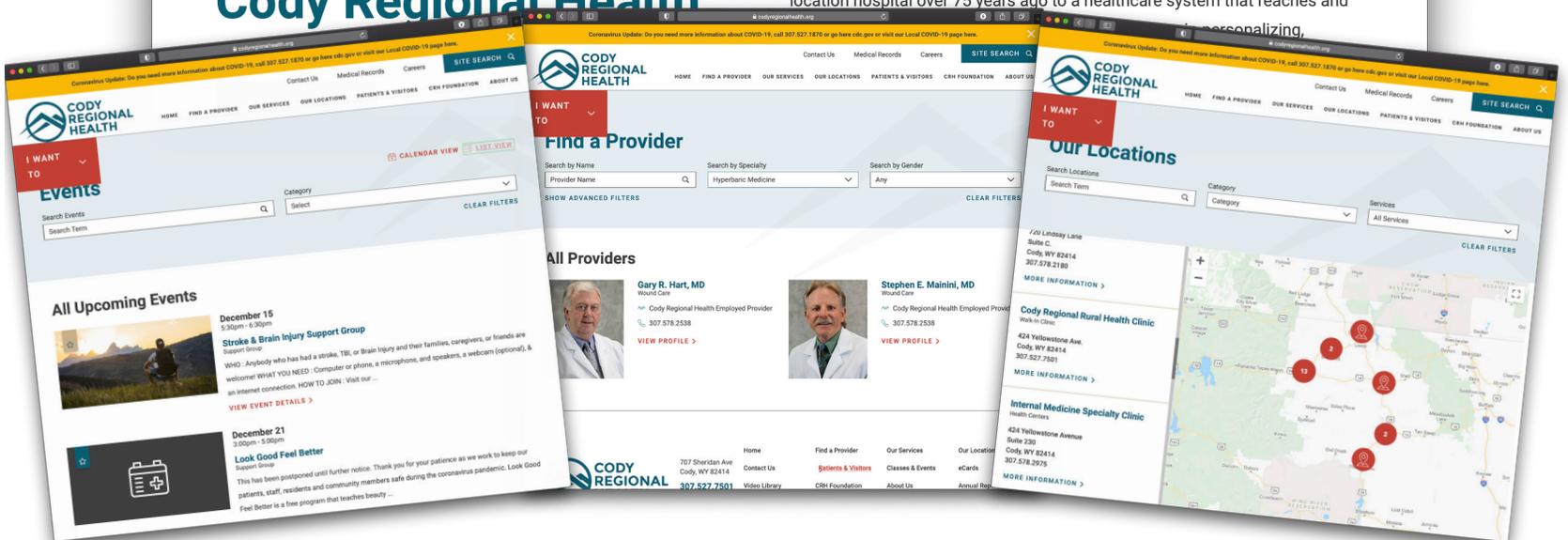
Sally J. Whitman, PA-C
Gynecology

Nancy J. Winkler, ANP
Internal Medicine



WELCOME TO
Cody Regional Health

Cody Regional Health encompasses professionals who have a passion for healing those who aspire to be healed. We have evolved from a small one-location hospital over 75 years ago to a healthcare system that reaches and personalizing.



NEW AND IMPROVED WEBSITE!

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CODYREGIONALHEALTH.ORG